

COMPETITION : 2016 Island Invitational

SITE : Island Optimal Performance Centre

CITY : Nanaimo

DATE : 2016-09-10

ORGANIZER : Hercules Weightlifting Club

Draw	Last Name	First Name	CAT.	B.W.	Team	YOB	Age Group	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	Sinclair	
								1	2	3		1	2	3					
1	Westlind	Mihaela	f53	52.20	ULT	1988		62	64	65	65	73	76	78	78	143	1	218.369	Best Lifter - Overall Female
18	Cameron	Georgia	f53	50.60	VCW	2001	JUNIOR	46	48	50	50	58	60	62	62	112	2	175.477	Best Lifter - Junior Female
13	Parrett	Alana	f53	52.00	HWC-B	1981	MASTERS	31	34	(36)	34	37	40	(43)	40	74	3	113.356	
42	Lund	Thea	f58	57.30	DYN	1995		62	(64)	64	64	83	85	(87)	85	149	1	211.654	
31	Reiher	Charlotte	f58	55.80	XWE	1988		60	(63)	63	63	75	78	80	80	143	2	207.213	
2	Smith	Britt	f58	54.00	HWC-A	1986	MASTERS	57	59	61	61	77	80	(82)	80	141	3	209.560	Best Lifter -Masters Female
10	Smith	Katrina	f63	61.70	DYN	1987		(69)	69	72	72	82	85	(88)	85	157	1	211.592	
28	Riewe	Kirsten	f63	61.80	VCW	1982	MASTERS	67	(69)	(69)	67	75	(78)	(78)	75	142	2	191.166	
12	Cameron	Heather	f63	61.80	VCW	1965	MASTERS	39	41	42	42	49	51	53	53	95	3	127.892	
34	Athans	Zoe	f63	60.10	XWE	1994		(52)	(52)	(52)	-	64	69	74	74	-		-	
16	Payne	Tanna	f69	65.30	HWC-A	1980	MASTERS	58	60	62	62	77	(79)	79	79	141	1	183.049	
30	Koene	Alannah	f69	66.00	UXX	1993		53	56	60	60	68	72	75	75	135	2	174.079	
35	Chretien	Alexandra	f69	68.10	HWC-A	1980	MASTERS	60	(63)	63	63	72	(76)	(78)	72	135	3	170.746	
23	Giroux	Dallyn	f69	68.70	HWC-B	1991		50	52	54	54	67	70	72	72	126	4	158.524	
15	Lenzen	Nikki	f69	66.20	HWC-B	1994		45	47	(49)	47	55	58	60	60	107	5	137.712	
11	Shortt	Lynn	f69	63.60	VCW	1961	MASTERS	25	27	29	29	34	36	38	38	67	6	88.480	
14	Reid	Susannah	f75	73.40	ULT	1992		52	55	(57)	55	63	66	(69)	66	121	1	146.574	
27	Nybo	Zara	f75	70.00	KWL	2001	JUNIOR	45	47	49	49	57	59	(61)	59	108	2	134.381	
45	Falkenberg	Kendra	f>75	86.00	HWC-A	2001	JUNIOR	45	48	50	50	58	61	(63)	61	111	1	124.517	
20	Spencer	Sue	f>75	89.10	UXX	1954	MASTERS	27	35	40	40	39	45	48	48	88	2	97.295	
50	Murphy	Sally	f>75	82.90	VCW	1955	MASTERS	22	23	25	25	38	40	42	42	67	3	76.376	
39	Tran	Danny	m62	60.50	CLD	1997	JUNIOR	65	70	73	73	80	85	90	90	163	1	239.943	Best Lifter - Junior Male
5	Goldberg	Paul	m62	60.40	VIK	1958	MASTERS	(60)	(60)	60	60	70	73	(75)	73	133	2	196.019	
41	Cooper	Terry	m62	61.90	CAO	1955	MASTERS	44	46	(48)	46	(63)	64	67	67	113	3	163.614	
7	Jager	Quinlan	m69	68.10	HWC-A	1994		80	83	86	86	95	99	102	102	188	1	255.057	
17	Chan	Herman	m69	67.30	CLD	1982	MASTERS	(68)	68	73	73	(82)	84	(90)	84	157	2	214.650	
26	Sandercock	Ian	m69	68.50	VCW	1988		53	56	59	59	73	76	79	79	138	3	186.515	
4	Dixon	Scott	m77	76.30	CLD	1989		(90)	90	95	95	120	123	(125)	123	218	1	275.954	
36	Au	Jon	m77	75.80	UXX	1991		83	87	(90)	87	113	(117)	(117)	113	200	2	254.124	
6	Cooper	Benjamin	m85	82.60	CLD	1982	MASTERS	88	93	98	98	116	(121)	121	121	219	1	265.531	Best Lifter - Masters Male
38	Ogle	David	m85	83.80	XWE	1986	MASTERS	85	90	95	95	108	115	120	120	215	2	258.768	
44	Phillips	Nelson	m85	80.00	CAO	1991		75	80	(85)	80	95	100	(103)	100	180	3	221.952	
22	Spence	Grant	m85	77.70	XNA	2001	JUNIOR	72	(74)	74	74	95	99	102	102	176	4	220.515	
3	MacIntyre	Andrew	m85	83.60	UXX	1993		(68)	(70)	(70)	-	84	(88)	(91)	84	-		-	
25	Asuelo	Ryan	m94	93.50	UXX	1987		(110)	(110)	110	110	135	138	141	141	251	1	287.006	
47	Katz	Bryan	m94	92.20	HWC-A	1991		103	107	109	109	133	138	(140)	138	247	2	284.157	
48	Roland	Matt	m94	90.90	DYN	1988		(102)	102	(104)	102	125	131	137	137	239	3	276.695	
49	Cabell	Zeke	m94	87.70	HWC-A	1978	MASTERS	95	98	101	101	115	120	123	123	224	4	263.658	
29	Angus	Jeremy	m94	93.70	VIK	1985	MASTERS	(80)	80	85	85	103	107	112	112	197	5	225.053	
51	Jenkins	Chris	m94	92.30	HWC-B	1979	MASTERS	80	(83)	(83)	80	102	106	(110)	106	186	6	213.879	
33	Balatti	Ahron	m94	89.50	HWC-A	1996	JUNIOR	75	(78)	78	78	97	101	103	103	181	7	211.032	
21	David	Ebby	m94	88.10	HWC-A	1987		73	(75)	(75)	73	92	95	(98)	95	168	8	197.319	
9	McBeath	Corey	m105	103.40	KWL	1991		120	125	133	133	153	163	(170)	163	296	1	325.257	Best Lifter - Overall Male
40	Campbell	Jesse	m105	103.60	HWC-A	1993		(100)	100	(103)	100	(125)	128	135	135	235	2	258.048	
32	Matthews	Calum	m105	100.00	HWC-B	1991		63	66	68	68	79	83	87	87	155	3	172.453	
52	Leangen	Josh	m>105	111.20	VCW	1992		93	97	100	100	125	130	(135)	130	230	1	246.641	
37	Sainsbury	Max	m>105	112.80	UXX	1997	JUNIOR	67	69	71	71	85	87	(91)	87	158	2	168.694	